



ESTC ACADEMY

**COURSE OUTLINE
RESCUE AT HEIGHT**

Module One: Rescue at height

Module terminal objectives: -

Upon completion of the module, the participants:

- Understand the hazards associated with rescue at heights (knowledge)
- Describe the types of emergencies likely to encounter in rescue at height or elevated platforms (knowledge)

Module Enabling Objective(s):

Upon completion of the module, the participants should be able to:

- Know the hazards associated with rescue at heights
- Know the stage of emergency rescue planning

Delivery Methods:

Classroom activity

Topics:

- Hazards associated with rescue at height
- Types of emergencies likely to encounter
- Stage of emergency rescue planning

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Module Two: Rescue & Protection Equipment

Module Terminal Objectives:-

Upon completion of the module, the participant should be able to:-

- Know the requirements for safe entry (knowledge)
- Know the types protection & rescue equipment to be used (knowledge)
- Know the important to know your role
- Know the technique used on different type of rescue
- Know the types of rescue knot to use

Module Enabling Objective(s):

Upon completion of the module, the participant should be able to:-

- Know the requirements for safe entry and the types of protection & rescue equipment to be used by successfully passing a short written test with a score of 80%.

Delivery Methods:

Classroom activity

Topics:

- Safety requirement for entry
- Use of personal protective equipment
- Use of rescue equipment
- Emergency response plan
- Rescue technique
- General purpose knots

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Module Three: Practical Exercise

Module Terminal Objectives:-

Upon completion of the module, the participant should be able to:-

- Demonstrate correct techniques for casualty handling (competence)
- Demonstrate correct & safe rescue techniques (competence)
- Demonstrate correct use rescue equipment (competence)

Module Enabling Objective(s):

Upon completion of the module, the participant should be able to:-

- Demonstrate the correct & safe techniques for rescue casualty handling and the use of rescue equipment by successfully passing the performance criteria as stated in the competence assessment form

Delivery Methods:

Scenario based practical demonstration

Topics:

- Techniques for rescue at heights/elevated platforms
- Safe handling of casualty
- Use of rescue equipment

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